AEFL – Self Assessment Form

Please submit to AEFL Upload Portal & Book a Teams Meeting – Post Clinic Criteria

Legend Rating

1 – Below Standard 2 – Acceptable Standard 3 – Above Standard

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| Participant Name: Clinic: |
| Shows Understanding of and agreement with EFL principles |
| * Can you competently to express and explain principles to other parties? Please Explain
 |
| Shows willingness to engage in group activities | Rate (1-3)  |
| * Active and appropriate engagement with all group activities
 |  |
| * Flexible and non-confrontational interactions with group
 |  |
| * Ability to give and receive information and instructions
 |  |
| Demonstrated good Communication Skills |
| * Ability to present opinions, information and instructions (with or without aids)
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| * Ability to adapt communication level and type to suit client or colleagues
 |  |
| * Able to convey instructions and explain interactions
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| Demonstrated good interpersonal skills  |
| * Ability to develop a rapport with people generally and clients in particular
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| * Ability to engage others in conversation (participants, clients & carers, instructors)
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| * Ability to deal calmly and effectively with situations
 |  |
| * Adaptability in the face of changing or challenging situations
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| * Ability to maintain effective communication and safe environment under pressure
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| Government Guidelines  |
| What are the legal, health and safety and relevant government guidelines? Please explain |
| Demonstrated safety around horses |
| * Good working practises around horses
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| * Good working practises with clients
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| Understanding of what constitutes a safe working environment |
| * What are the general principles around horses and people, inherent safety risks and how to manage them? Please Explain
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| * Ability to assess suitability of environment and make necessary adaptations
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| Basic understanding of client group |
| * Medical conditions and their implications for the different client groups
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| * Understanding of typical tools and techniques for the different client groups
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| Basic understanding of horse behaviour |
| * Hierarchy of needs both physical and mental within a herd and for individuals
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| * Recognition of typical responses and reactions in a variety of circumstances (fear, anxiety, pain)
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| * How to adapt human behaviour to illicit required responses without aggression
 |  |
| Ability to assess a horse’s suitability for EFL |
| What are the typical requirements and desirable behavioural traits for EFL interactions? Please Explain  |
| What are the basic standard training requirements and limitations on ability to work with certain types of clients? Please Explain  |
| Ability to assess the physical and mental condition of individual horses & take appropriate action |
| * Identifying lameness/unsoundness/ state of hooves, skin conditions, respiratory issues, any discharges from eyes/nose
 |  |
| * Uncharacteristic behaviour that may indicate some other issue – nipping, head tossing, excessive urination,
 |  |
| Ability to perform and demonstrate various activities with a horse  |
| * Catch, release, pick out feet, groom, feed, stop, back up, walk, trot, lunging – with changes of pace and small obstacle, basic liberty work – follow me, send, retrieve, stop, back up, change direction
 |  |
| * Appropriate use of any tack, tools, other equipment (grooming, tying up)
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| * Recognise and assess own horsemanship level and ability to train/re-train EFL horses
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| * Ability to develop trust and rapport with most horses
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| * Ability to illicit desired response from the horse calmly, quietly and without undue pressure
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| * Flexibility in use of cues to the horse – recognising what the horse knows and what the client could understand/repeat
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| Ability to plan, prepare and execute EFL sessions |
| * Competent skill and knowledge to engage a variety of clients
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| * Appropriate use of obstacles, equipment and exercises for both horse and client
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| * Ability to rapidly adapt sessions and/or stop sessions in response to changing circumstances
 |  |
| * Maintain / improve safety and welfare of client and horse without this facet being overly intrusive
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| Deal with inappropriate or challenging horse behaviour |
| * Skill and confidence to address or re-direct the behaviour to allow the session to continue
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| * Recognition of own limitations and any safety issues and stop the session
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| * Plan an appropriate course of action to remedy the behaviour (specialist training, spelling, etc) that does not involve “punishment” for the horse
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| * Identify and understand the likely cause of the behaviour
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| Deal with inappropriate or challenging client behaviour |
| * Advance recognition that such behaviour is imminent
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| * Knowledge of client group generally and any plans for that client to divert situation
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| * Appropriate application of verbal or physical instructions to diffuse situation
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| * Appropriate use of assistants/carers/client plans etc to manage situation including removing horse/client from session and stopping session
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|  |  |
| Rating: 1 – 3 where 1 is below standard 2 is acceptable standard and 3 is above standard |